



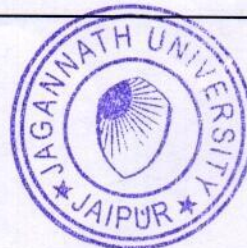
JAGANNATH
UNIVERSITY

Human Resource Development Centre

REPORT

TRAINING PROGRAMMMES

Academic year 2018-2019



Training Program 18-19

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Executive Summary

In every sector the accomplishment of any organization is dependent on its employees. Therefore, to sustain this valuable human resource, organizations required to be conscious about the job satisfaction and retention of employees. The world is changing faster than ever and our skill sets have a shorter life; the world is getting more connected that ever before; in this connected world, mentorship takes on new importance and meaning; challenges we face are multi-faceted requiring 5 systems thinking & socio-technical sensibilities; and while skills are important, so are mind sets and dispositions. Under the given scenario, the role of the teacher has evolved over a period of time and in the present ear of globalization, it is expected that teachers will assume the role of a change leader and a felicitor

Jagannath University HRD centre has planned and conducted human resource development activities within the above set premise. Training activities was designed planned and implemented in consultation and recommendations of the department deans and head of the departments. The training plan included both academic and non-academic staff.

The main areas in which training was conducted covered: academic excellence, pedagogical innovations, ethics and research and soft skills.

REPORT

Theme of workshop:	Time Management and Stress Management
Venue:	Seminar Hall, Main campus
Date:	27-28 July 2018
Resource Person :	Dr Vaishali Sharma, Dean Faculty of Management, Jagannath University, Jaipur
No. of Participants:	116
Participant Profile:	All teaching and non-teaching staff of Jagannath University
Agenda/Training objectives :	<ul style="list-style-type: none">• Recognize the variety of causes of procrastination and apply relevant techniques to overcome them. Clarify and prioritize work objectives and goals, by creating more planning time.• Use practical techniques for organizing work.• Learn practical and useful techniques for identifying and removing stress
Session Summary: :	A two-day workshop was conducted on 'Stress management' and 'Time Management' techniques, for staff and faculty members of Jagannath University This workshop was organized specially for teaching and non-teaching staff of Jagannath University, Jaipur.
Outcome :	The workshop was very well received. The conclusion of the workshop was that it is of immediate and absolute necessity that the problems of the office and the workplace be solved as soon as possible before they spill over into the personal lives of the concerned individuals.

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List of Participants:

	NAME	DESIGNATION
1.	Ajay Kumar	Assistant Professor
2.	Alok Saxena	Assistant Professor/TPO
3.	Anil Kumar Talwadia	Assistant Professor
4.	Ar. Abhishek Shrivastava	Assistant Professor
5.	Ar. Anubhav Goyal	Associate Professor
6.	Ar. Jayant Nautiyal	Assistant Professor
7.	Ar. Karan Varma	Assistant Professor
8.	Ar. Krishna Murari Sharma	Assistant Professor
9.	Ar. Monika Sharma	Associate Professor
10.	Ar. Neha Khunteta	Assistant Professor
11.	Ar. Pragya Kotia (Jain)	Associate Professor
12.	Ar. Sneha Arora	Assistant Professor
13.	Aradhna Singh	Assistant Professor
14.	Archana Bhardwaj	Librarian
15.	Arvind Goyal	Office Executive
16.	Ashish Kumar Mishra	Asst. Registrar
17.	Ashish Vyas	Assistant Professor
18.	Ashwani Kumar Swami	Assistant Professor
19.	Avinash Nath Tiwari	Assistant Professor
20.	Bhupender Singh Tyagi	Assistant Professor
21.	Daya Ram Jat	Assistant Professor
22.	Deepak Kumar	Assistant Professor
23.	Deepak Kumar Agrawal	Section Officer (Digital Cell)

24.	Deepika Gupta	Lab Assistant
25.	Devashish Kumar Singh	Assistant Professor
26.	Devhansraj Gurjar	Assistant Professor
27.	Devprakash Gocher	Assistant Professor
28.	Dharamraj Sharma	Assistant Professor
29.	Dharmendra Saini	Office Assistant
30.	Dharmveer Kumawat	Office Executive
31.	Dheeraj Verma	Office Executive
32.	Dr. Amit Goswami	Assistant Professor
33.	Dr. Amit Saraf	Assistant Professor
34.	Dr. Ankush Sharma	Associate Professor
35.	Dr. Deepika Solanki	Assistant Professor
36.	Dr. Dinesh Nagar	Assistant Professor
37.	Dr. Divya Saxena	Assistant Professor
38.	Dr. Jasvinder Singh	Associate Professor
39.	Dr. Jyotsna Sharma	Associate Professor
40.	Dr. Keshar Choudhary	Assistant Professor
41.	Dr. Manju Gupta	Assistant Professor
42.	Dr. Megha Acharya	Associate Professor
43.	Dr. Neha Rawat	Assistant Professor
44.	Dr. Nidhi Kalra	Assistant Professor
45.	Dr. Om Prakash Sharma	Professor
46.	Dr. Priyanka Dangi	Assistant Professor
47.	Dr. Shilpi Khandelwal	Associate Professor
48.	Dr. Shrawan lal Sharma	Professor



49.	Dr. Shweta Bhatia	Associate Professor
50.	Dr. Sonia Sharma	Assistant Professor
51.	Ganesh Gautam	Lab Assistant (CS/IT)
52.	Ganesh Ram Jat	Assistant Professor
53.	Gaurav Batra	Lab Assistant (CS/IT)
54.	Ghan Shyam Vyas	Farm Manager
55.	Ghanshyam Sharma	Deputy Librarian
56.	Govind Narayan Sharma	Accounts Asstt.
57.	Hari Shankar Yadav	Lab Asst. (Chemistry)
58.	Harshita Setia	Assistant Professor
59.	Hemant Goswami	Assistant Professor
60.	Hemraj Lalawat	Lab Asst. (EE)
61.	Himanshu Khathore	Assistant Professor
62.	Hukum Chand Saini	Assistant Professor
63.	Indrajeet	Lab Asst. (Phy.)
64.	Jitendra Singh Rajawat	Assistant Professor
65.	Jyoti Pareek	Assistant Professor
66.	Kajod Mal Kumhar	Store Assistant
67.	Kamal Kant	Assistant Professor
68.	Kamal Sharma	Assistant Professor
69.	Kapil Sharma	Assistant Professor
70.	Kaushal Kumar Gothwal	Lab Asst. (EC)
71.	Kavita Lama	Assistant Professor
72.	Kavita Meena	Assistant Professor
73.	Ketan Jangid	Office Executive



74.	Kritika Gautam	Counselor
75.	Kuldeep Singh Lunara	Library Attendant
76.	Manish Kumar Saini	Accounts Asstt.
77.	Manish Mani	Assistant Professor
78.	Manish Olaniya	Lab Asst. (Agri.)
79.	Manjeet Kaur	Assistant Professor
80.	Mayank Varshney	Assc. Professor
81.	Mr. Sudarshan Kumar Jain	Assistant Professor
82.	Mukesh Kr. Sharma	Assistant Professor
83.	Mukesh Kumar Saini	Lab. Tech. (Civil)
84.	Namrata Kanwar	Lab Assistant
85.	Nandan Singh	System Administrator
86.	Neelam Verma	Assistant Professor
87.	Nikki Bhardwaj	Assistant Professor
88.	Padam Chand Sharma	Lab Asst. (Arch.)
89.	Paravati Devi	Assistant Professor
90.	Pawan Sharma	Office Executive
91.	Pitamber Dayal Mandawaria	Lab Assistant (Ag.)
92.	Prahalad Kumhar	Office Assistant
93.	Pratishtha Yadav	Assistant Professor
94.	Preeti Swami	Assistant Professor
95.	Priyanka Chakma	Assistant Professor
96.	Priyanka Jadon	Counselor
97.	Rahul Sharma	Assistant Professor
98.	Raja Ram Choudhary	Library Attendant



99.	Rajani Sharma	Assistant Professor
100	Rajesh Kumawat	PA to VC
101	Rajesh Sharma	Clerk
102	Rakesh Israni	Assistant Professor
103	Ramakant Sharma	Peon
104	Rukmini Sharma	Assistant Professor
105	Sachin Swami	Assistant Professor
106	Salu Chouhan	Assistant Professor
107	Sandeep Kumar Bareth	Office Executive
108	Sarita Meena	Assistant Professor
109	Shankar Gurjar	Lab Asst. (CS/IT)
110	Smita Kaushik	Assistant Professor
111	Sudhanshu Mathur	Assistant Professor
112	Sunil Sharma	Section Officer (Exam.)
113	Swati Chaturvedi	Assistant Professor
114	Tarun Batra	Assistant Professor
115	Vinod Kumar Sharma	Assistant Professor
116	Yogita Bindal	Assistant Professor





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UNIVERSITY, JAIPUR
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INTERNAL QUALITY ASSURANCE CELL
JAGANNATH UNIVERSITY, JAIPUR

Certificate of Participation

*This is to certify that Dr./Mr./Ms.....
of.....has actively participated
in the professional development programme on Time and Stress
Management held on 27 to 28 July 2018.*

Director, IQAC

Registrar



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